



The Warm Therapy
+44 7368 362257
hello@warmtherapy.co.uk
warmtherapy.co.uk

Services Contract

THE WARM

CONTRACTS ARE SUBJECT TO REGULAR REVIEW BY THE COUNSELLOR OR THE CLIENT

Contract for services between William Allan and

Client Name

Date of Birth

Present Address with Postcode

Counsellor responsibilities

- To be available at the agreed time.
- To start and end on time, other than in exceptional circumstances or if previously arranged with the client to change the agreed time.
- To agree to meet with the client in a safe and suitable venue that is agreeable for all parties.
- To maintain safe, professional boundaries.
- To regard all contact and information as confidential unless there is reasonable doubt concerning the welfare and wellbeing and actual safety of the client or any others.
- To encourage client autonomy.
- To work within the BACP Ethical Framework, including regular supervision.
- To review therapeutic work and relationship regularly.
- In the unlikely event of the counsellor cancelling, an alternative appointment offered that is suitable for the client without any additional cost.

To attend all therapeutic sessions punctually.

- To give a minimum of 48 hours' notice when cancelling/changing an appointment (or the full fee becomes payable)
- To pay 1 session in advance, thereafter (£80) per session in full at each appointment
- Communicating with the therapist outside agreed counselling sessions to be limited to making, changing or cancelling an appointment unless by prior arrangement.
- To be respectful to the counsellor and his property
- To agree to give permission to contact GP if the therapist has serious concerns about risk to self (client) or others
- To discuss with the therapist when you feel you are ready to end therapy
- To let the therapist know if you are in or are considering entering another therapeutic relationship.

In the view of entering a contract with the Warm. The client will be responsible for paying 50% of the agreed full fee prior to the counsellor travelling. The remainder of the full fee is to be paid when the treatment commences.

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Signature of **Client**

Date

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Signature of **Counsellor**

Date

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What the therapist offers

What is on offer is counselling of a Person-Centred nature. This means you are empowered to discover solutions to issues in a supportive environment. As a counsellor I offer you my honesty and respect while we explore issues you feel you would like to bring to counselling at the times that we have agreed.

Confidentiality

There are boundaries and limits to confidentiality in certain cases.

Confidentiality may be broken if you or others are, in the opinion of the therapist.

Seem to be in danger or at serious risk of being harmed.

The therapist is required to do so by Court Order.

In the opinion of the therapist, information given could lead to harm or neglect to children and vulnerable adults.

Supervision and confidentiality

I monitor my own practice by attending regular supervision for myself and am committed to my own self-development. There are times where aspects of our sessions will be taken to supervision to monitor my practice; at no time will your name or any identifiable information be mentioned and my supervisor is also committed to our contracted confidentiality.

Records of sessions

I do keep clinical notes relating to our sessions other than the appointment we book and this document (the counselling contract) on file.

Contacting the therapist

You may use the telephone number [+44 7368 362257](tel:+447368362257) to reach me or send an email to hello@warmtherapy.co.uk *It is not possible to leave a voice mail on my phone so if I am unable to answer, please email or send a text message and I will get back to you as soon as I can.*

Non-attendance

Should you cancel within less than the 48 hours' notice agreed, or fail to attend an appointment: the full session fee will be charged.

Where did you hear about my service?

Contacting you (The client)

I will contact you if necessary, e.g., to re-arrange an imminent appointment.

Where and how would you prefer I contact you in this unlikely event?